



# Harperbury Bowls Club Newsletter 1955 - 2019

## JAN 2019

*Members are reminded of the club ethos of respecting the right of all club members to participate in club activities free from harassment, abuse and intimidation.*



Tim Anstey, Graham and Brenda Down and Aaron Langley are part of the **Harperbury Green Keeping Team** under Les as head green keeper.

### The Green Keeping Team have been busy – Les Roberts.

Instructions, hands on and being shown how to use the machinery safely to help in the future of the green were the order of the day as the 'Green Keeping Team' got together recently.

I also gave instruction as to why a particular piece of machinery is used for its specific purpose.

The Green Keeping Team is being formed to assist me throughout the year in my role as Head Greenkeeper. If in the future I cannot continue in my role or start to struggle the team of volunteers will be able to carry out the upkeep of the green which will keep the cost to the club and members down. Recently another local bowls club told us they pay £12,000 a year for full maintenance from an outside organization.

Ideally, I would like another 2 or 3 ladies or gents to join the team so that I can train the team during the winter and they can then take it in turns to assist me on a regular basis on a Monday morning during the season. I will put a program up in the club for the green so you can all see what the plan is for the green and what you will be assisting me with.

Please contact me if you are interested in joining us.

***The date for the next Green Keeping Team training will be put out after a visit from a soil professional.***

Bob Young



It was with great sadness that we heard about Bob's passing on Tuesday 22<sup>nd</sup> Jan with Anita by his side following a very short illness that diagnosed him with a brain tumor just before Christmas.

Bob was a lovely man and will be greatly missed by us all at the club.

Our thoughts and prayers are with Anita and her family.

Bob's funeral is on Friday 8<sup>th</sup> Feb at 9.20 at Garston Crematorium. The family are requesting no flowers please but suggest donations to the Rennie Grove Hospice if you so wish.

Here are a few of my favourite pictures of Bob.

It was difficult to find many as he was always hiding at the back of group photos!



### Club Shirts and fleeces.

Sheila will be putting an order in on



Valentine's day 14<sup>th</sup> Feb.

Members are reminded that when playing in games representing the club – friendlies, county and district - a Harperbury Badge should be worn on your shirt please.

Please contact Sheila – 01727 823405 or by e mail [sheilarobertsbloy@yahoo.co.uk](mailto:sheilarobertsbloy@yahoo.co.uk) with your orders.

If ordering a fleece she needs your size and if ordering a polo shirt needs your size and needs you to spell your name as the polo shirt comes with your name embroidered under the badge. The fleece comes with just the club badge.


**Approximate prices** – Mens polo shirts £16 Ladies polo shirt (Emsmorn make) £22.



**Did you know...** That we had a Christmas quiz night at the club? It was a fabulous fun night and it raised £203. The winning team chose cancer research as their chosen charity and they will receive the £203

**Did you know.....** That Deb is collecting BRAS!



There will be a bag in the ladies for any contributions and the first shipment will go on 14<sup>th</sup> Feb  it is an ongoing project so tell your friends!

**Did you know .....** We seem to have a little vandal keep visiting us who keeps damaging the security fencing around the club. Please be observant when up the club and let's see if we can find out who is damaging the fencing making the club insecure.

**Did you know.....** We have a web site! Thanks to the hard work and contributions of Emma, Ken, Keith and Deb it will be launched on 19<sup>th</sup> March.



**Did you know.....** Membership night is TUES 19<sup>th</sup> March from 7pm at the club.

**Did you know....** We need a nice picture of the club house for our web site and the SADBA web site. Can anyone oblige?



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## DeFib

The club was given a De-fib machine by the British Heart foundation (BHF) back at the start of 2017. Thankfully we have never needed to use it but should we ever have to it is nice to know that, whilst the ambulance is on its way, we have members who feel confident around its use.

One of the stipulations from the BHF is that as many people as possible are shown how to use the de fib and how to do basic CPR. Their aim, because it is recognized that using the De-fib really does save lives, is to for as many people as possible to get a run though using their DVD.

So - each year sessions are organized to allow members to refresh on how to keep themselves safe, how to approach a collapsed person, how to call for help and how to do basic CPR. The BHF have supplied the mannequins and a DVD and we just follow the instructions on the DVD.

We also cover getting the De-fib out and where to apply the pads. We turn it on so that we can hear the instructions as it really does talk you through it.

The De-fib processor analyzes the heart rhythm once the pads are applied and decides if a shock is helpful. It works on the electrical output of the heart. It does not start the heart and is not helpful on a heart that has stopped. Using CPR is the only hope of getting the heart beating again so that the De-fib can get it back into rhythm.

If the De-fib determines that a shock is needed because the heart has a chaotic rhythm it will advise that this be done. The person leading the resuscitation pushes the shock button. The shock is then delivered via the adhesive electrode pads attached to the victim through the victim's chest to the heart hopefully returning the heart to a normal rhythm.

The session dates are:

**Tues 19<sup>th</sup> Feb** 11am **Fri 22<sup>nd</sup> Feb** 10am **Sat 2nd March** 1.30pm **Tues 5<sup>th</sup> March** 7.30pm **Fri 22<sup>nd</sup> March** 10.30  
**Weds 3<sup>rd</sup> April** 7.30pm.

The sessions above will be for 5 people to allow us to practice and walk and talk through some scenarios in a small group.

## Dates for your diaries

**TUES 19<sup>th</sup> FEB** – Theatre Trip 9 – 5 at Savoy in London. Coach leaves the club at 5.45. Money for coach due now please either by cheque or BACS.

**SATURDAY 23<sup>RD</sup> FEB** – last indoor game against Watford. More names needed so please contact Sue if you are available.

**TUES 19<sup>th</sup> MARCH** - 7pm – Membership registration eve and launch of Harperbury bowls club web site.

**FRIDAY 29<sup>th</sup> MARCH** – Pre-season break to Potters.

**SATURDAY 13<sup>TH</sup> APRIL** – Green opens with a chocolate spoon drive.

**SUNDAY 14<sup>th</sup> APRIL** – President V Captain.

### *Committee news....*

The committee have been meeting regularly discussing the fixtures list, work on the club and green, competitions, the new website plus lots of other bits and pieces and generally planning the events for the 2019 season.

The biggest piece of news is the Trustee's signing our 25 year lease.

As the snow continues to thaw and we start to hope that spring is around the corner the membership form for the 2019 season accompanies this newsletter.

You can complete and send with your payment whenever you are ready. The deadline is 1<sup>st</sup> April please. The membership evening on 19<sup>th</sup> March is designed to bring members together again and give you another opportunity to submit your form.

Please support the internal competitions and to make it easier this year to see who you are playing and by what date, we will put the draws and play by dates on our new website.